

Military Community and Family Policy

Plan My Move (PMM)

Vickie LaFollette
Office of Family Readiness Policy

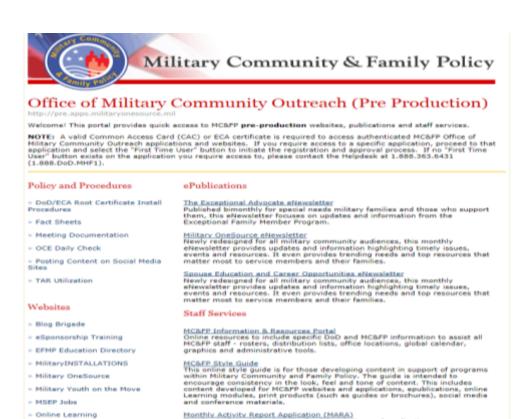


- Plan My Move (PMM) provides individuals with access to information, points of contact, checklists, planning tools, and information
- Plan My Move (PMM) will put you and your family in charge of a smooth relocation to your new duty assignment
- Link: https://pre.apps.militaryonesource.mil/MOS/f? p=PMM:ENTRY:0



- Plan My Move allows you to create a customized plan and calendar designed just for you and your family
- Customize your plan by <u>creating an account.</u>
 With a custom plan, you don't have to reenter your information each time you return. You just sign-in and get to work
- Plan My Move works in **concert with MilitaryINSTALLATIONS** information is pulled from this site to populate calendars





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MI

Bookmark

this site for

https://apps.militaryonesource.mil/MOS/

OC websites and applications.

- Plan My Deployment

- USA4MilitaryFamilies

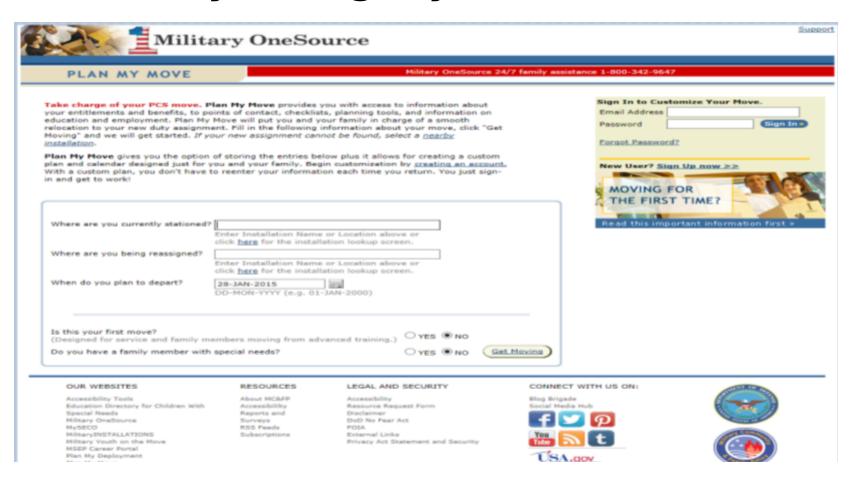
- Plan My Move

Database of monthly statistics for OC websites and applications.

Tasking, Assignments and Reporting (TAR)
Online project management system for development and maintenance of all

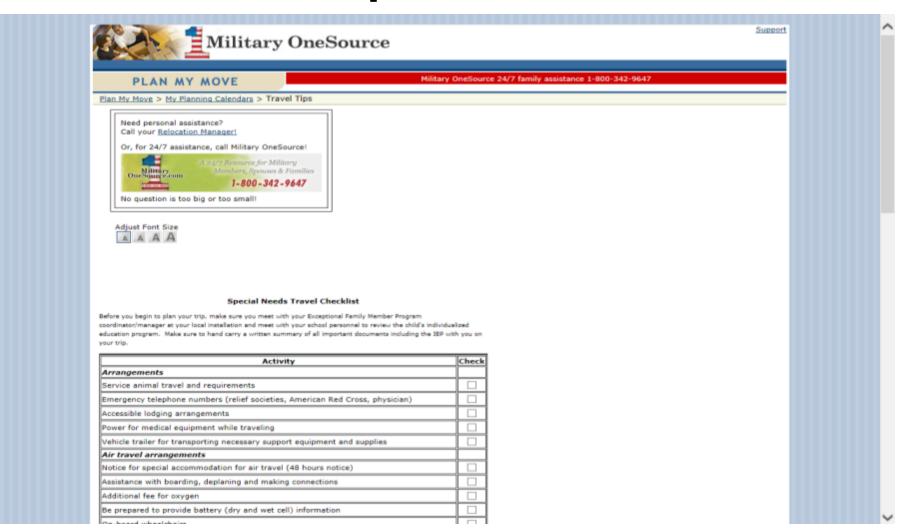


his is where you begin your Installation Searc



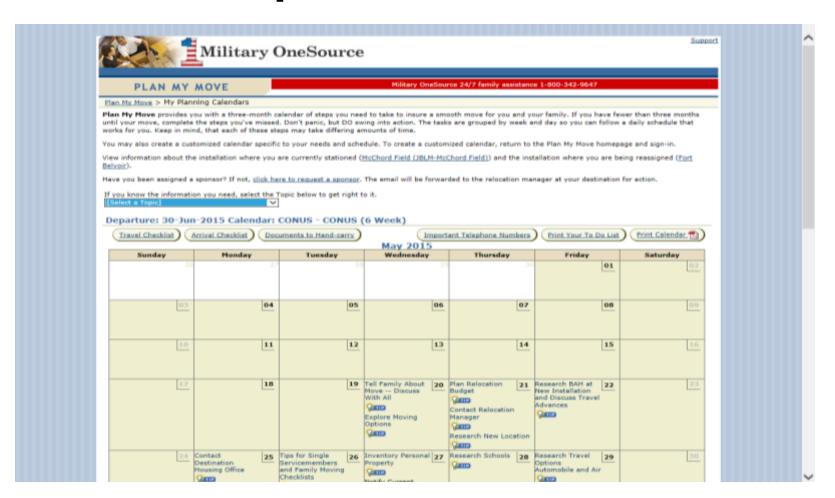


Example of Checklist



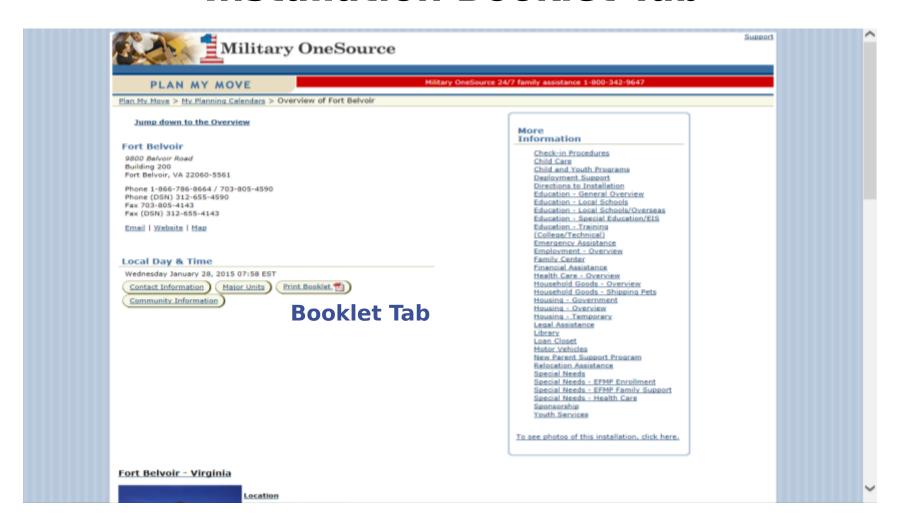


Example of Calendar



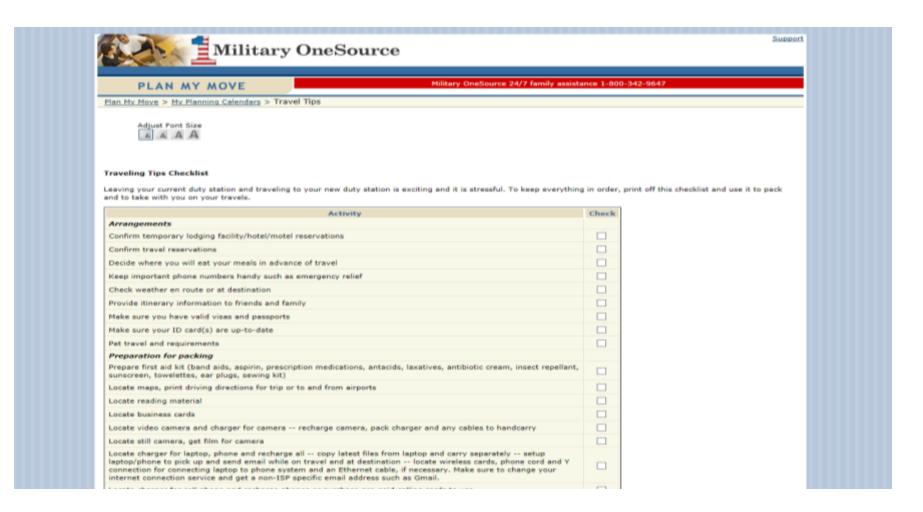


Installation Booklet Tab



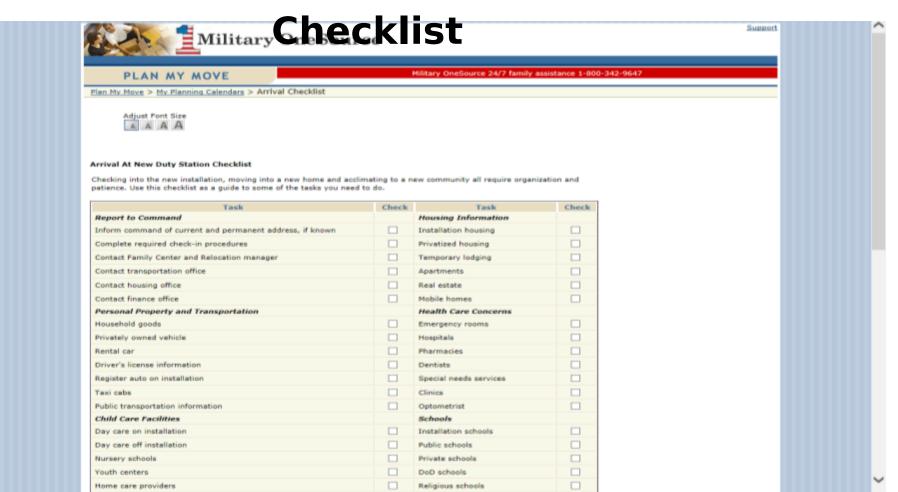


Travel Checklist



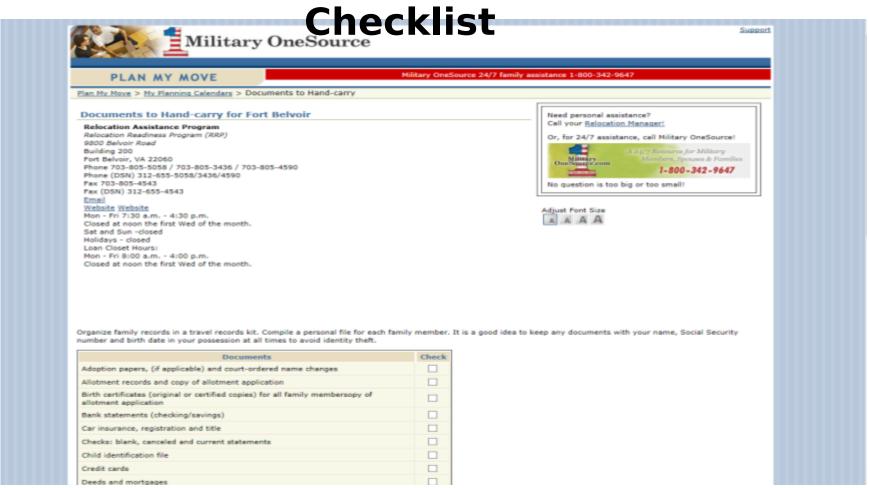


Arrival





Documents to Hand Carry-



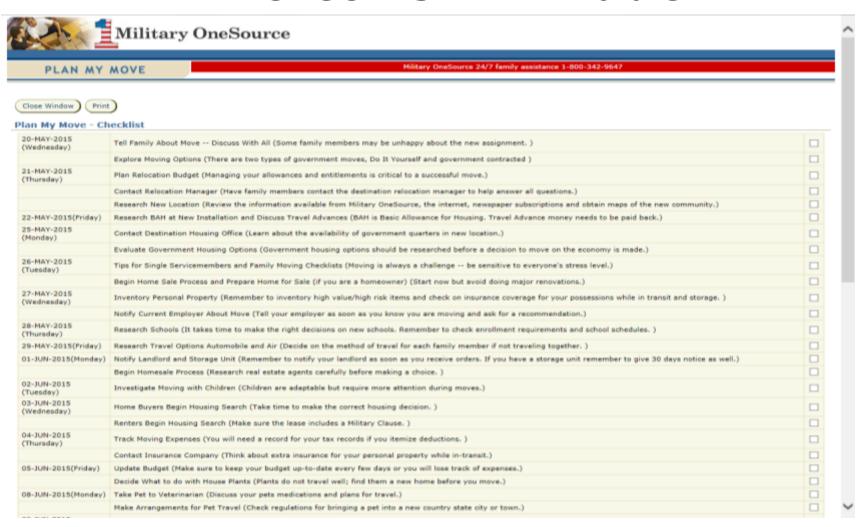


Important Telephone





Checklist - Printable





Custom Calendar Procedures

- Set up a custom calendar only once
- The password and user name are private
- The custom calendar allows a user to:
 - Set the length of the calendar
 - Add tasks to the calendar
 - Modify tasks on the calendar
 - Remove tasks from the calendar
 - Set email alert notifications









Military OneSource 24/7 family assistance 1-800-342-9647

Plan My Move > My Planning Calendars > Create Subscriber

	The email address entered below will be used in the event that you forget your password. This will also be the address that receives e-mail notifications.
* Email Address	
* Email Address (re-enter)	
* Password	
* Re-type password	
If You forget Your Pass	word
* Security question [Select	a Question]
* Your answer	
Privacy Advisory	
	acy Advisory and indicate your agreement below.
Please review the following Priv	tent Web Site. The Plan My Move (PMM)
Please review the following Priv Notice: This is a U.S. Governm Subscriber ID is part of a Worl	ent Web Site. The Plan My Move (PMM) d Wide Web site.
Please review the following Priv Notice: This is a U.S. Governm Subscriber ID is part of a Worl Subscriber ID Service membe	tent Web Site. The Plan My Move (PMM) d Wide Web site.
Please review the following Priv Notice: This is a U.S. Governm Subscriber ID is part of a Worl Subscriber ID Service membe the PMM Subscriber ID to custo ID is provided as a public sen Defense for Personnel and Rez	ent Web Site. The Plan My Move (PMM) d Wide Web site.
Please review the following Priv Notice: This is a U.S. Governm Subscriber ID is part of a Worl Subscriber ID Service membe the PMM Subscriber ID to custo ID is provided as a public serv	tent Web Site. The Plan My Move (PMM) d Wide Web site. ers, their families and civilian personnel may use prize Plan My Move for their use. The Subscriber vice by the Office of the Under Secretary of adiness. Use of the Subscriber ID is strictly
Please review the following Priv Notice: This is a U.S. Governm Subscriber ID is part of a Worl Subscriber ID Service membe the PMM Subscriber ID to custo ID is provided as a public sen Defense for Personnel and Rez	tent Web Site. The Plan My Move (PMM) d Wide Web site. ers, their families and civilian personnel may use pomize Plan My Move for their use. The Subscriber vice by the Office of the Under Secretary of



Request a Sponsor



MilitaryINSTALLATIONS (Request a Sponsor)

For enquiries other than requesting a sponsor, please direct specific personal questions or concerns to your Relocation Assistance Program Manager at your departure or destination location or Military OneSource, a 24/7 information and referral service provided at no cost to military members and their families. You can contact Military OneSource at 800-342-9647 in the Continental U.S., International toll free 800-342-9647, or International collect 484-530-5908.

* All fields are mandat	ory and must be entered.	
* From (Name)		
* From Email Address	no email found	
* Subject		
* Message		

Send Message

Privacy Advisory - Use of Feedback is voluntary. Use of your e-mail is necessary as a means for us to respond to your requests or suggestions. Use of your e-mail resulting from this submission will be limited to our response.



Questions?

THANK YOU!!!!!



ADDITIONAL SLIDES FOR MI and eSAT



Military Community and Family Policy

MilitaryINSTALLATIONS (MI)

Vickie LaFollette
Office of Family Readiness Policy



- The "MilitaryINSTALLATIONS" application fulfills the requirement of Public Law 101-189 by providing automated relocation information to military members and their families
- The "MilitaryINSTALLATIONS" application was designed to assist service members and their families with relocation needs by providing information on available programs and services for the military community
- This site includes information on more than 370 installations, information on state pages and a directory of state and local resources.



- MilitaryINSTALLATIONS provides an overview of each installation and state program, including contact information, articles of interest specific to that location, photo galleries and a listing of major units
- The application provides access information and resources on a myriad of topics, such as child care, housing, motor vehicle information, financial assistance, education, special needs and employment, with the objective of reducing the challenges of relocation
- Customized booklets are available for download



Link and Bookmark https://apps.militaryonesource.mil/MOS/

Office of Military Community Outreach

http://apps.militaryonesource.mil

Welcome! This portal provides quick access to MC&FP websites, publications and staff services.

NOTE: A valid Common Access Card (CAC) or ECA certificate is required to access authenticated MC&FP Office of Military Community Outreach applications and websites. If you require access to a specific application, proceed to that application and select the "First Time User" button to initiate the registration and approval process. If no "First Time User" button exists on the application you require access to, please contact the Helpdesk at 1.888.363.6431 (1.888.360.MHF1).

Policy and Procedures

- DoD/ECA Root Certificate Install Procedures
- Fact Sheets
- » Meeting Documentation
- » OCE Daily Check
- Posting Content on Social Media Sites
- = TAR Utilization

Websites

- Blog Brigade
- » eSponsorship Training
- » EFMP Education Directory
- MilitaryINSTALLATIONS

ePublications

The Exceptional Advocate eNewsletter

Published bimonthly for special needs military families and those who support them, this eNewsletter focuses on updates and information from the Exceptional Family Member Program.

Military OneSource eNewsletter

Newly redesigned for all military community audiences, this monthly eNewsletter provides updates and information highlighting timely issues, events and resources. It even provides trending needs and top resources that matter most to service members and their families.

Spouse Education and Career Opportunities eNewsletter

Published quarterly for military spouses, service providers and MSEP partners, this enewsietter provides information and resources related to military spouse education and careers.

Staff Services

MC&FP Style Guide

This online style guide is for those developing content in support of programs within Military Community and Family Policy. The guide is intended to encourage consistency in the look, feel and tone of content. This includes content developed for MC&FP websites and applications, epublications, online Learning modules, print products (such as guides or brochures), social media and conference materials.



NS

Installation

Support | Military OneSource

Military INSTALLATIONS

Your official DoD source for installation and state resources available to active duty, guard and reserve service and family members.

Installations • View articles, photos, major unit listings and contacts for programs and services worldwide. If you can't find an international location, try visiting the <u>Department of State</u> country information.

States • View articles and local, state and national resource directories

Get started!

Looking for particular installation or state?		
Enter an installation [View a directory of installations]		
	GO »	
Or, enter a state		
	GO »	

Select a program or service ALL Then, enter an installation [View a directory of installations] Or, enter your postal code Within 10 miles Are you a service provider looking for a program or service across all installations? Simply select the program or service and then choose any installation or enter any zip code. A downloadable directory for all installations will be available on the results page.

Moving to a new assignment?

Take control of your move. Use our customizable calendar tool to create a unique personal moving plan. The calendar contains to do lists, checklists, phone lists, and links to critical moving information from budget planners to choosing a school.

To begin, select your departure date, departure and destination locations and get moving now!

Plan My Move

Are you a sponsor?

Have you been assigned official sponsorship duties? Log on to the CAC enabled <u>eSponsorship Application</u> <u>Training (eSAT)</u> to get started »

Don't have a CAC card, but are interested in learning about how to become a sponsor? <u>Learn more about</u> the process »



NS

MilitaryINSTALLATIONS

Select a branch of service to view a directory of installations.

rmy (Marine Corps) (Navy

(Air Force

Coast Guard

Defense Logistics Agency

State Department

United States Army

In the United States

Overseas

Alabama Anniston Army Depot

Fort Rucker

Redstone Arsenal

USAREC, 2nd Medical Recruiting Battalion

USAREC, Montgomery Battalion

Alaska Fort Greely

Fort Wainwright

Joint Base Elmendorf - Richardson JBER

Arizona Fort Huachuca

USAREC, Phoenix Battalion

Yuma Proving Ground Pine Bluff Arsenal

California Camp Parks

dillornid Camp Parks

Fort Hunter Liggett

Fort Irwin

Presidio of Monterey (DLI/FLC)

USAREC, Fresno Battalion
USAREC, Los Angeles Battalion

USAREC, Sacramento Battalion

USAREC, Southern California Battalion

Colorado Fort Carson

USAREC, Denver Battalion

District Of

Columbia

Arkansas

Pentagon - Army

Florida USAREC, Jacksonville Battalion

USAREC, Miami Battalion
USAREC, Tampa Battalion

Belgium USAG BENELUX - Brussels

USAG BENELUX/SHAPE

Germany Ansbach, United States Army Garrison

<u>Landstuhl Regional Medical Center</u> Stuttgart, United States Army Garrison

USAG Bavaria

USAG Bavaria, Garmisch
USAG Bavaria, Hohenfels

USAG Rheinland-Pfalz

USAG Rheinland-Pfalz, Baumholder

USAG Wiesbaden

Italy USAG Italy

USAG Italy-Darby Military Community

Japan <u>Camp Zama</u>

Torii Station

Korea, Republic Of USAG Daequ

USAG Humphreys

USAG Red Cloud/Casey

USAG Yongsan

Netherlands United States Army Garrison Benelux-Schinnen

Puerto Rico Fort Buchanan



Military

1-800-273-8255 PRESS (1)

Safe 24/7 secure, confidential

Crisis Line



Nearly all of units are within 50 miles of the Los Angeles Air Force Base, which is located

The cost of living in the Los Angeles area is more expensive than most areas of the country. Gas prices have averaged around \$3.50 a gallon. Food prices are also generally

and Port Hueneme, which are located in the Ventura/Oxnard areas.

near Los Angeles International Airport in El Segundo, or the two Navy facilities Point Mugu

higher. Housing can be expensive, depending on the area of assignment; however, there is



USAREC, Los Angeles Battalion, California

Installation Overview

Installation Contacts

Major Units

Installation Bookle

Local Community Information

Installation Contacts | FRIENDLY VIEW (PDF) | SHARE | M M M M TEXT SIZE | +

US Army Recruiting Battalion-Los Angeles 6337 Balboa Boulevard Encino, CA 91316

Phone 818-609-8446 / 818-609-Fax 818-609-7369

Email | Website | Map

Installation Contacts

Defense Service Network (DSN) Dialing Instructions: The DSN is the provider of longdistance communications service for the Department of Defense (DoD). Every installation has a special DSN number and the numbers vary by world-wide location. In order to place a call using DSN, the caller must be using a military phone on an installation. Cell phones cannot dial DSN numbers. When dialing a DSN number from a United States installation to another United States installation, it is unnecessary to dial the DSN 312 area code. When dialing a DSN number to/from overseas locations, the DSN area code must be included. The operator can be reached at commercial (719) 567-1110. Please note that long distance charges may be incurred.

Download USAREC, Los Angeles Battalion, California contacts »

Adult Education Centers

Education Services Specalist Los Angeles Recruiting Battalion 6337 Balboa Boulevard Encino, CA 91316 Phone 818-609-7746 Fax 818-609-7710 Email | Map

Beneficiary Counseling Assistance Coordinators

Beneficiary Counseling Assistance Coordinator Los Angeles Recruiitng Battalion 6337 Balboa Boulevard Encino, CA 91316 Phone 818-609-7468/7746 Fax 818-609-8798

Email | Map

Child Development Centers

Child Development Center 483 N. Aviation Blvd Building 281 Los Angeles AFB El Segundo, CA 90245 Phone 310-653-6800 Phone (DSN) 633-6800 Fax 310-653-6210 Fax (DSN) 653-6210 Mon - Fri 6:30 a.m. to 6:00 p.m. Sat and Sun - Closed

Beauty/Barber Shops

Beauty / Barber Shop 483 N. Aviation Boulevard El Segundo, CA 90245-2808 Phone 310-322-1333 Mon - Sat 10:00 a.m., to 5:30 p.m. Sun - 10:00 a.m. to 3:30 p.m. Holidays - 10:00 a.m. - 4:00 p.m. Closed: Christmas & Thanksgiving

U.S. Army 6th Recruiting Brigade Chaplain 4539 North Fifth Street North Las Vegas, NV 89031 Phone 702-639-2026 Email | Map

Child and Youth Registration and Referral

Child Development Center 483 N. Aviation Boulevard Building 281 Los Angeles AFB El Segundo, CA 90245-2808 Phone 310-653-6800 Phone (DSN) 633-6800 Fax 310-653-6210 Fax (DSN) 653-6210 Mon - Fri 6:30 a.m. to 6:00 p.m.

Need personal assistance? Call your relocation manager »

Or, for 24/7 assistance, call Military OneSource. »



No question is too big or too small 800-342-9647



Subscribe to the Military OneSource eNewsletter!



Do you have orders?

Request a Sponsor »

Additional Resources

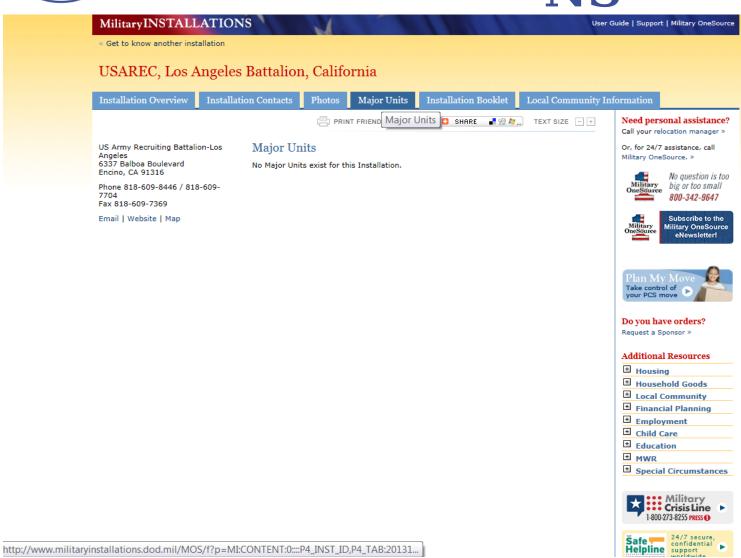
- **Housing**
- Household Goods **±** Local Community
- **∃** Financial Planning
- **Employment** ± Child Care
- **±** Education
- **MWR**
- Special Circumstances





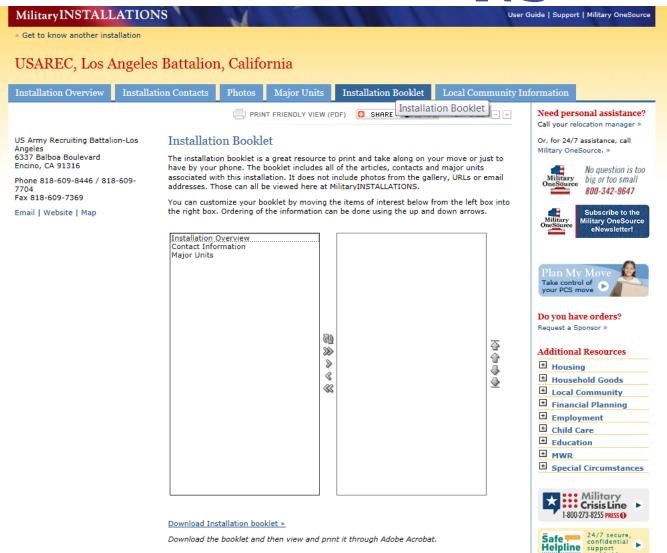


NS





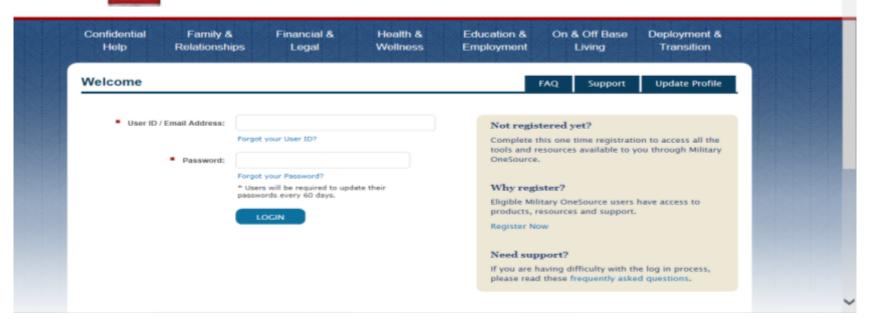
NS





Local Community Page

- You Must Log On and Create an Account
- Outside Resource not MOS or MI
- Analyzing Analytics for this site
- Will Bring you to the New MOS Site for Relocation Living On/Off Base
- You will also see this listed on the State Page





State Page NS

Support | Military OneSource

Military INSTALLATIONS

Your official DoD source for installation and state resources available to active duty, guard and reserve service and family members.

Installations • View articles, photos, major unit listings and contacts for programs and services worldwide. If you can't find an international location, try visiting the <u>Department of State</u> country information.

States • View articles and local, state and national resource directories

Get started!

Looking for particular ins	tallation or state?			
Enter an installation [View : Or, enter a state M [Select a State below] Vermont Virginia West Virginia		×	GO »	

Looking for specific program or s	ervice?	
Select a program or service	~	
Then, enter an installation [View a c	lirectory of installations]	
Or, enter your postal code	Within 10 miles 🗸	GO »
Simply select the program or service an	program or service across all installation d then choose any installation or enter a Ill installations will be available on the re	iny

Moving to a new assignment?

Take control of your move. Use our customizable calendar tool to create a unique personal moving plan. The calendar contains to do lists, checklists, phone lists, and links to critical moving information from budget planners to choosing a school.

To begin, select your departure date, departure and destination locations and get moving now!

Plan My Move 🖸

Are you a sponsor?

Have you been assigned official sponsorship duties? Log on to the CAC enabled eSponsorship Application Training (eSAT) to get started »

Don't have a CAC card, but are interested in learning about how to become a sponsor? <u>Learn more about the process</u> »



State Page NS



Joint Forces HQ Resources

5901 Beulah Dr Attn: State Director for Virginia Sandston, VA 23150 Email Virginia State Director

Phone 804-236-7862 Map

National Guard/Family Website

Military OneSource Call 24/7 Phone 800-342-9647 Counseling services available 24/7

Consolidated list of State Family Program Directors

Overview



National Guard State Family Programs for Service Members and families establishes ongoing communication, involvement, support, and recognition of service members and families within the state. The Family Programs Office, located at Joint Force Headquarters, facilitates this through education, outreach services, and partnerships. The Family Programs Office utilizes resources, training, and capitalizes on new capabilities, concepts, and technological advances.

Family Programs provide assistance, guidance, and support

that enhance the quality of life for service members during peacetime and upon mobilization. This includes family readiness, resource management, mobilization and deployment coordination, crisis intervention, outreach, volunteer recruitment, training, management, information, referral and follow-up, life skills education, review and analysis of program effectiveness, and youth development. In addition, the state family program office provides strategic planning, inter-service coordination and liaison with higher headquarters, other military services, state and federal government, and non-government (profit and non-profit) agencies and organizations.

View the State Agencies Directory >>

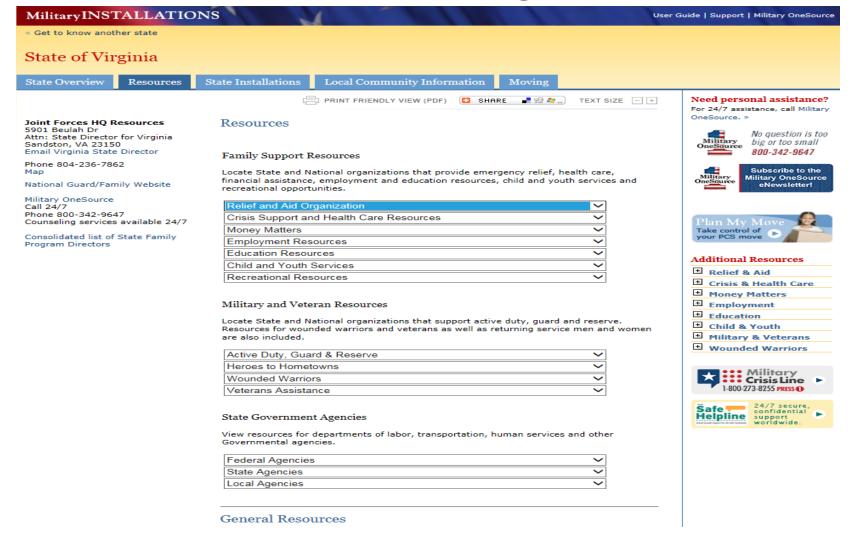
For 24/7 assistance, call Military OneSource, » No question is too big or too small OneSource 800-342-9647 Subscribe to the Military OneSource eNewsletter! Take control of vour PCS move Additional Resources Money Matters **■** Employment ± Education ■ Child & Youth Military & Veterans Wounded Warriors Military Crisis Line 1-800-273-8255 PRESS (1)

confidential

Helpline support

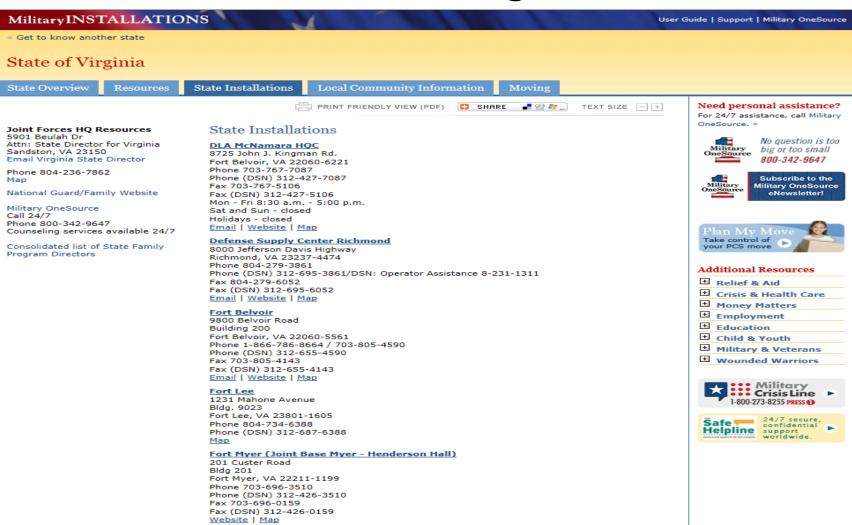


State Page





State Page



Henderson Hall (Joint Base Myer - Henderson Hall)



Read More

Read More

Read More

				State Pag	je ⁻	
MilitaryINSTALL	ATIO	NS		1	11	User Guide Support Military OneSource
Get to know another state	te					
State of Virginia	a					
State Overview Reso	ources	State Ins	stallations	Local Community Information Mo	oving	
Joint Forces HQ Resources 1901 Beulah Dr 14ttn: State Director for Virginia Sandston, VA 23150 Email Virginia State Director Phone 804-236-7862 Map National Guard/Family Website Military OneSource Call 24/7 Phone 800-342-9647 Counseling services available 24/7 Consolidated list of State Family Program Directors	ginia or osite ole 24/7	90 60 30 More Arrivatellia using 1 your fa assist. the Re inform	Day Checklist Da	Checklist	the services on military f you are on active status, nerally available to you an /30 at 800-342-9647 to ssist with your move are rect links and contact ONS. Finally, you should a custom calendar for your	For 24/7 assistance, call Military OneSource. >> No question is too big or too small 800-342-9647 Subscribe to the Military OneSource Military OneSource Military OneSource Military OneSource Newsletter! Additional Resources Relief & Aid
		Nine	ty Days Bef	ore Move		Crisis & Health Care Money Matters
			Task		More Informatio	n
				About Move Discuss With All (Some family ay be unhappy about the move.)	Read More	Education Child & Youth
			Plan Moving successful m	Budget (Managing your finances are critical tove.)	to a Read More	Military & Veterans Wounded Warriors
			Essentials to recreation et	w Location (Visit Military OneSource's Reloca research housing, schools, medical facilities, c. Use the Internet and read local newspape NSTALLATIONS to obtain information on mili in a State.)	ers.	Military Crisis Line 1-800-273-8255 PRESS

Notify unit of impending move and initiate a unit transfer if the move is interstate. (Clear supply and begin coordination with state's transfer coordinator. You will retain your rank and MOS or could transfer to new MOS, if available. A transfer of MOS might impact your bonus pay.) Put together a Moving Book and start it with this Travel

Determine type of move, Do It Yourself, government move (if active duty) or select a moving company. (If you are on active duty contact the closest installation's transportation

office or visit move.mil. If you are inactive status, you will

Tips For Self Movers (Planning, common sense and these tips

need to arrange your own move.)

help take the stress out of a self move.)



Military Community and Family Policy

Electronic Sponsorship Application and Training (eSAT)

Vickie LaFollette
Office of Family Readiness Policy



eSAT

Background

- The mission of the eSAT is to provide the knowledge and resources for effective sponsorship and access to the necessary tools and resources needed to fulfill the sponsorship role
- The sponsors job is to ease the transition of service members and their families as they make a permanent change of duty station into a new working and living environment
- Sponsorship is a key component to a military family's successful move. It affects a family's ability to adapt to a new installation and community after relocating
- DoD has created the eSponsorship Application and Training (eSAT) to standardized sponsorship training



Background

- Training was revised and coordinated with the Services
- Revised program is more interactive, and provides service specific moving scenarios to better demonstrate the sponsor's role in a service member and families life.
- All Services are represented
- New Training deployed in June 2015
- The CAC enabled version of eSAT can be accessed on the web at https://myhub.militaryonesource.mil/
- For spouses and others who do not need a certificate a non-CAC version can be accessed at https://myhub.militaryonesource.mil/ with an email and password.



Background

- eSAT website supports military service members who have been assigned the responsibility of unit sponsorship in order to better serve newcomers
- The website's key features include the following:
 - Online training course for sponsors with links to all DoD and service websites that support the PCS process
 - Downloadable checklist of the sponsor's duties and a printable certificate of completion
 - Reports are accessible to unit leaders and relocation professionals
 - Status views and service-specific customization of correspondence
 - A downloadable needs assessment the sponsor uses to create customized welcome packages with service and unit-specific information, and advanced applications for housing and child care
 - Electronic feedback from sponsors and newcomers upon



■ Welcome _{*}

My Training Hub





Consent Page for My Training Hub

NOTICE ABOUT DoD CAC Cards and Certificates

When presented to choose your CAC Certificate, please chose the ENCRYPTION certificate. DO NOT choose the EMAIL certificate.

You are accessing a U.S. Government (USG) information system (IS) that is provided for USG-authorized use only.

By using this IS, (which includes any device attached to this IS), you consent to the following conditions:

- The USG routinely intercepts and monitors communications on this IS for purposes including, but not limited to, penetration testing, COMSEC monitoring, network operations and defense, personnel misconduct (PM), law enforcement (LE), and counterintelligence (CI) investigations.
- . At any time, the USG may inspect and seize data stored on this IS.
- Communications using, or data stored on, this IS are not private, are subject to routine monitoring, interception, and search, and may be disclosed or used for any USG-authorized purpose.
- This IS includes security measures (e.g., authentication and access controls) to protect USG interests—not for your personal benefit or privacy.
- Notwithstanding the above, using this IS does not constitute consent to PM, LE or CI investigative searching or monitoring
 of the content of privileged communications, or work product, related to personal representation or services by attorneys,
 psychotherapists, or clergy, and their assistants. Such communications and work product are private and confidential. See
 User Agreement for details.

NOTICE TO USERS

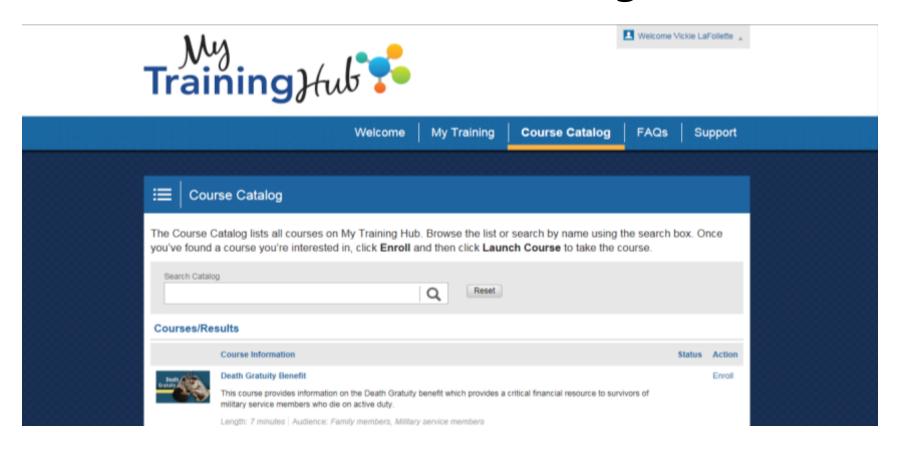
Use of this system constitutes consent to security monitoring and testing. All activity is logged with your host name and IP address.

I do not agree

I have read and understood the statement and I agree to comply with all applicable regulations concerning use
of the information from this web site



Course Catalog



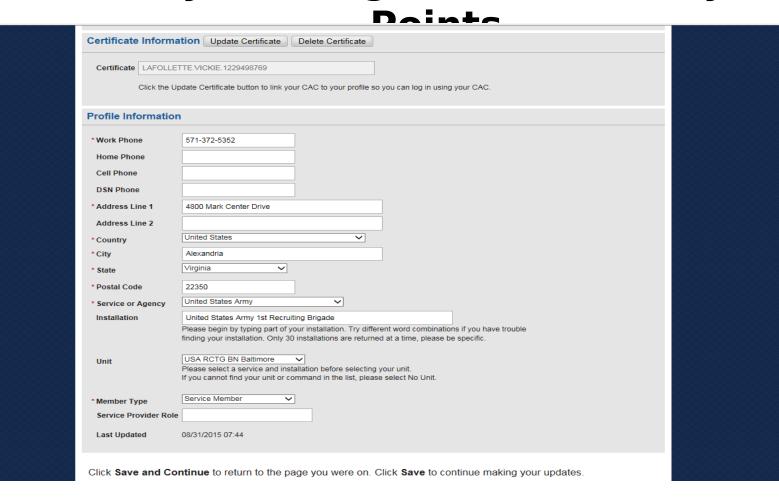


Training Course Log In





My Training Hub Profile Key



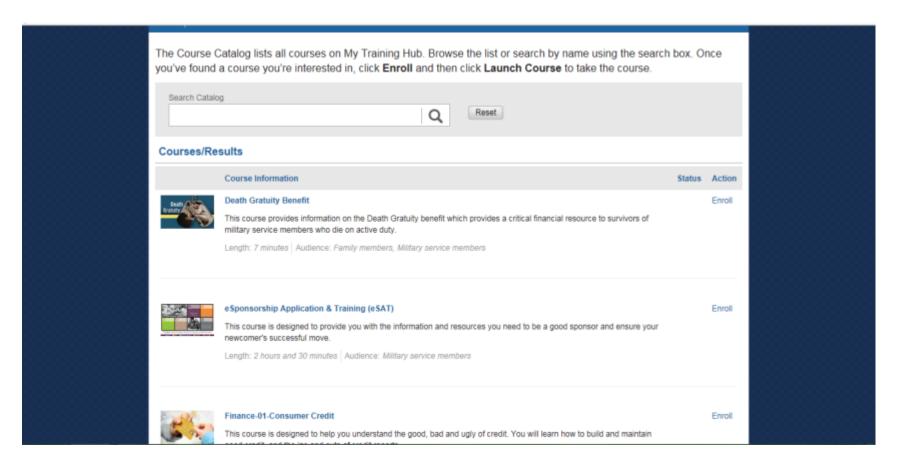


My Training Hub Profile Key Points for Training

- Check your Service (Army)
- Check your Installation
- Check your UIC for those who know their UIC this will help pinpoint the correct unit
- Check your Unit
- If no Unit, Command or UIC listed check No Unit
- You can still proceed with the eSAT course and provide certificate to Unit/Command Representative



Course Catalog





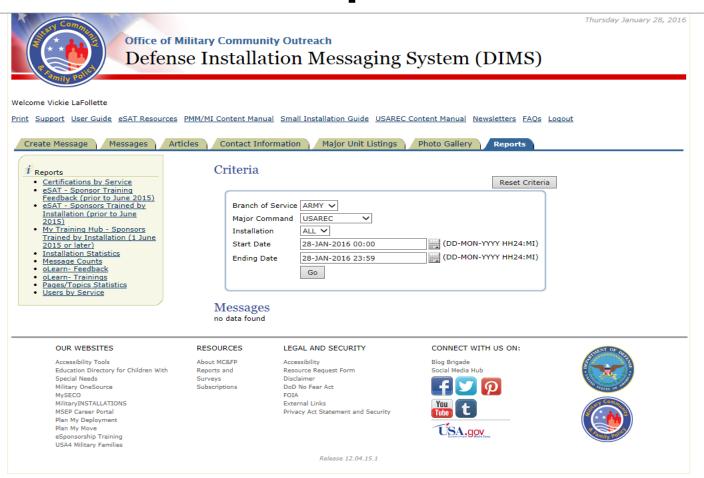
Reports



https://apps.militaryonesource.mil/MOS/



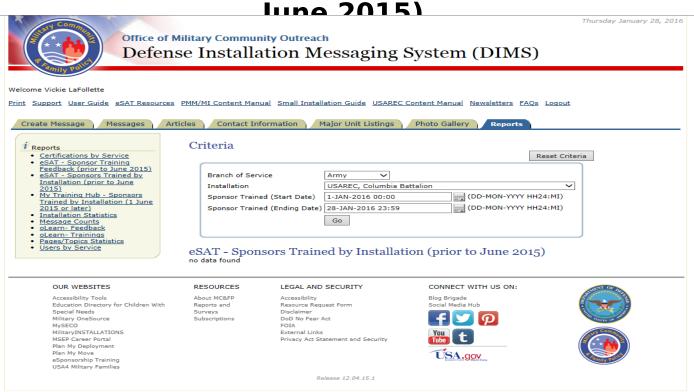
Reports





Reports

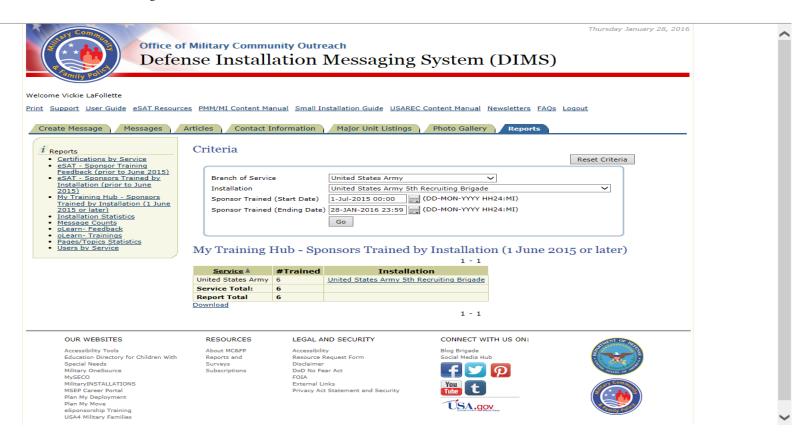
Report: eSAT Sponsors Trained by Installation (Prior to





Reports

Report: My Training Hub - Sponsors Trained by Installation (1 June 2015 or Later)





Questions?

THANK YOU!!!!!